



# REQUEST NOT TO WEAR A MOUTHGUARD

I request that my child .....  
be permitted not to wear a mouthguard at training and whilst playing matches for the  
current season.

I understand that the policy of the Club is for all players to wear a mouthguard at  
training and during matches.

The Club Committee believes that wearing of a mouthguard helps to prevent injury  
whilst playing sport.

I acknowledge the Club's policy and accept responsibility for the decision to allow my  
child to play without wearing a mouthguard.

Name (please print): .....

Parent/guardian signature: .....

Date: ...../...../ 201.....